

# • THE TOILET PAPER •

SAVMA and College News for Vet Med Students  
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## MESSAGES FROM THE DEAN

First take home message from last week's AAVMC session on "Creating a Culture of Wellbeing": "TAKE CARE OF YOURSELF." My pledge to myself: Focus on healthy diet and exercise a minimum of three times per week! *What are you doing to take better care of yourself?*

The Veterinary Medical Alumni Association's Student Alumni Connection allows students to connect with ISU alumni. It's free and no obligations. Interested? Contact Marta Burkgren at [vmaaisu@iastate.edu](mailto:vmaaisu@iastate.edu).

## ISU SAVMA UPDATES

Want to improve your professional communication and delegation skills while gaining valuable relationships in our veterinary community? Nominations are open for the Spring SAVMA Exec Elections! Positions include President-Elect, Treasurer-Elect, Secretary-Elect, and SAVMA Class Representatives! Look for the email from Aislinn Ophoff for more information.

## RSR UPDATES

March madness brackets are open and you can join the friendly CVM competition! Contact [lawtondj@iastate.edu](mailto:lawtondj@iastate.edu) with any questions.



## Fun Fact Faculty Friday - April 5 @12

I lived for one year in Hanoi, Vietnam, with my spouse and children.

I once (inadvertently) spit on boxer Tommy "The Hitman" Hearns.

I lived in 9 different places before I graduated high school.

Options:

- Dr. Day, 2036 Vet Med
- Dr. Jones, 2750 Vet Med
- Dr. Shannon Hostetter, 1790E Lloyd

## ISU CVM EVENTS

### One Health Lecture

Dr. Marguerite Pappaioanou

Tuesday, April 2 @ 5:10PM

Vet Med 2226

### Reception of Dr. Gayle Brown

2018 AAVMC Distinguished Teacher Award

Friday, April 5 @ noon

Alumni Room

## MESSAGES FROM YOUR DELEGATES



Attend the World Small Animal Veterinary Association Congress in Toronto, Canada on July 14-19th and have your registration paid for! The International Veterinary Students' Association (IVSA) is looking for 50 volunteers to help with running the conference and in exchange, you'll have time to attend lectures, network and more! Go to the IVSA Facebook Page to learn more and apply!

Check out the AVMA's new podcast called *My Veterinary Life*. Tune in to hear stories about veterinarians, their careers, and their life lessons!

**Grants:** (to learn more- search SAVMA Grants)  
International Veterinary Experience Scholarship

- Ten scholarships at **\$750**
- Applications due March 29th

Diversity and Communications Travel Grant

- Five grants at **\$200**
- Applications due March 30th

SAVMA Externship Grant Application

- Twenty-five grants at **\$300**
- Applications due April 19th



## Vet Med Funny



Why do chicken coops only have two doors?

*Because if they had more, they would be called a chicken sedan!*