



# • THE TOILET PAPER •

## SAVMA and College News for Vet Med Students

February 14, 2019 - Volume 3 Issue 3

### EVENTS WITH THE DEAN

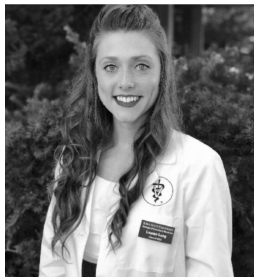
- *Student Meeting with Dean Grooms* – February 12, noon, 2532 Vet Med, food in the Alumni Room
- *Donuts with the Dean* – February 14, 7:30 am, The Commons

### IVMA LEGISLATIVE DAY PREVIEW

- February 26th 5-7PM, Room 1226
- Come enjoy a free dinner and learn about advocating for the veterinary profession from the IVMA's lobbyists.

### OFFICER HIGHLIGHT

Lauren Lang, VM1 SAVMA Rep



Job Duties:

1. Fun Fact Faculty Friday
2. Distribute candy after exams
3. Liaison between the class and SAVMA

Fun fact: I played collegiate softball for 4 years and now I am into bodybuilding competitions.

### SAVMA SCAMPER

*Keep training!* Less than 75 days until the Scamper on April 27th!!! *Want to help???* Check your emails for the spreadsheet to volunteer. They're, also, in need of 2 VM1's or VM2's to be on the Scamper committee for 2020 - email Sami Naberhaus with questions!



### RECREATION AND STRESS RELIEF

Keep up the good work, CVM! January stats:

- 199 people used the gym
- 377 workout sessions

Remember to include some form of activity in your day to relieve stress and get ready for the SAVMA Scamper! Check Facebook soon for another RSR Fun Friday activity.

### FUN FACT FACULTY FRIDAY - 2/22

Fun facts:

1. Has lived in cold and warm places including India, Canada and California and now in Iowa
2. Studies effect of working in swine barn environment
3. Grew up playing cricket and now enjoys watching basketball

Faculty Options

1. Dr. Swamy (2036 Vet Med)
2. Dr. Arthi Kanthasamy (2062 Vet Med)
3. Dr. Chandru (1044 Vet Med)

### WELLNESS TIPS

Try **BEDTIME YOGA**: A few slow breaths and intentional stretches can help shift from studying to a peaceful night's sleep.



### VET MED FUNNY



Birdie, birdie in the sky,  
Dropped some white stuff  
in my eye,  
I'm a big kid, I won't cry,  
I'm just happy cows don't fly

